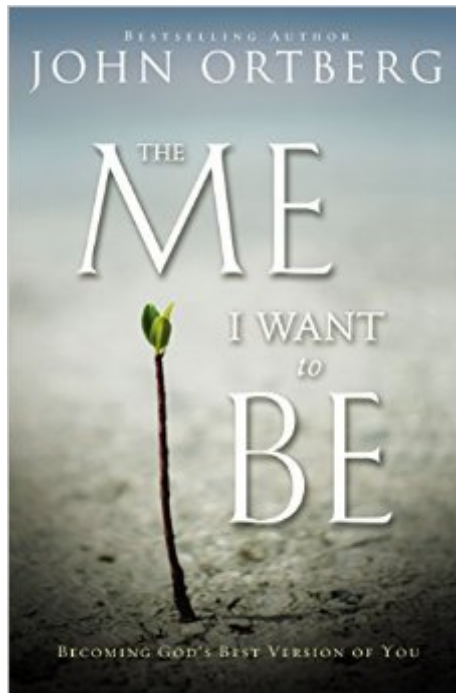


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# The Me I Want To Be: Becoming God's Best Version Of You



## Synopsis

The Me I Want to Be by John Ortberg "the bestselling author of When the Game Is Over, It All Goes Back in the Box; God Is Closer Than You Think; and The Life You<sup>TM</sup>ve Always Wanted" will help you discover spiritual vitality like never before as you learn to "live in the flow of the spirit." But if God has a perfect vision for your life, why does spiritual growth seem so difficult? John Ortberg has some intriguing answers to that question, and he has organized his thoughts and God's words into a straightforward and timely guide for living your best life in The Me I Want to Be. This book will show how God's perfect vision for you starts with a powerful promise. All those who trust in God "will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit" (Jeremiah 17:7-8). Ortberg urges you to recognize your brokenness, understand that God is the project manager, and follow His directions. The author first helps gauge your spiritual health and measure the gap between where you are now and where God intends you to be. Then he provides detailed tasks and exercises to help you live in the flow of the Spirit, circumventing real-world barriers "pain and sorrow, temptations, self-doubt, sin" to flourish even in a dark and broken world. As you start living in the flow, you will feel: " a deeper connection with God " a growing sense of joy " an honest recognition of your brokenness " less fear, more trust " a growing sense of being "rooted in love" " a deeper sense of purpose God invites you to join Him in crafting an abundant and joy-filled life. The Me I Want to Be shows you how to graciously accept His invitation.

## Book Information

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## Customer Reviews

I am not the me I want to be. You are not either. Both of us desire to become better people. But what does better mean? And how do we become better? In his latest book, John Ortberg answers both questions with gentle wit and spiritual insight. Ortberg is pastor of Menlo Park Presbyterian Church in Menlo Park, California, and author of several books, including *Love Beyond Reason*; *The Life You've Always Wanted*; *If You Want to Walk on Water, You've Got to Get out of the Boat*; and *God Is Closer Than You Think*--all of which I highly recommend. *The Me I Want to Be* is about spiritual formation, which Ortberg defines as "the process by which your inner self and character are shaped." Many people use the word spiritual in distinction from, or even contradiction to, physical. Two unfortunate consequences of this distinction are that it separates spirituality from everyday life and then narrowly equates spirituality with the spiritual disciplines. Ortberg rejects this distinction. Your whole life is spiritual, not just the praying, Bible-reading, and church-going part. And while spiritual disciplines are indispensable, they are not the only way God forms your inner self. For Ortberg, a spiritually formed person is a flourishing person. He writes: "Your deepest longing should be to be alive with God, to become the person God made you to be, and to be used to help God's world flourish." Spiritual formation, then, involves your relationship with God, your growth in Christlikeness, and your mission to the world God is redeeming. How do you become a flourishing person? "The only way to become the person God made you to be," Ortberg writes, "is to live with the Spirit of God flowing through you like a river of living water."

I've been on this intimacy journey these past 12 months as God keeps drawing me to Himself. I've read many helpful books along the way and John Ortberg's book is a refreshing practical guide to walking an intimate life with God. Ortberg emphasizes we all have a unique journey which is important to reflect on. How many times are we drawn to have our prayer times along the beach, or spend days fasting, or doing such and such, just because we've heard these practical ways have helped others to develop greater intimacy with God? Seek out God in our own individual way, He'll lead us, if we have the desire and the will to find it. Ortberg takes us through various aspects of our life: thought life, temptation, worrying, spiritual life, relationships and work. He adopts a good mix of sound scripturally-based instruction, psychology with research results (yes, there are lab rat results provided in some chapters), analogies, examples and practical steps to step us through how we can enhance each area of our life to draw closer to God. The book starts strong and continues in that vein for the majority of it. I found it flattened out a little through the middle, however, that maybe because he covered similar themes to that which I've spent a lot of time thinking through already.

But the book ends with a bang. The last 2 chapters in particular dealing with trials and "asking for mountains to climb" are just superb. The life story of a Evelyn "Granny" Brand is wonderfully inspiring.

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